

Metropolitan Hospital Center
Diabetes Self-Management Support Project Volunteer Description

Metropolitan Hospital Center's Adult Primary Care Medicine Clinic is seeking to recruit a Graduate level Master's student of social work, public health, health administration, nutrition, or health psychology with experience or understanding of group work and motivational interviewing to volunteer as a Diabetes Self-Management Support Volunteer.

Volunteers will interact with patients by providing self-management support to patients with poorly controlled diabetes. Volunteers will accompany patients to group classes and monthly support groups in the hospital. Classes and groups will cover topics such as healthy diet, cooking and exercise with a focus on diabetes care, including retinal, renal and foot care. Volunteers will also assist with referrals to community resources/agencies within New York City.

Students should have an interest in working with diabetic/chronic disease patients. In addition to working directly with the patients, volunteers will assist with administrative duties and tasks related to group classes and support groups. Experience with Microsoft Office is required. Bilingual English/Spanish volunteers are preferred.

Time Commitment Required: 15 hours per week for 6 months (February – July 2012)

Location: Metropolitan Hospital Center
1901 First Avenue @ 97th Street
New York, NY 10029
www.nyc.gov/mhc

For additional information or to volunteer, please contact:
Vanessa Alamo, Associate Director/Chronic Disease Coordinator, via email at Vanessa.Alamo@nychhc.org or at 212.423.7969.